



**5th Annual
Tiger Tri at Wittenberg University
Sunday, October 11, 2015 at 10:30 a.m.**

Race Notes:

Please read all of the following information. These are important things you need to do and know to be ready for the Tiger Tri on Sunday, October 11, 2015:

1. Timeline and location for race morning:

- The Tiger Tri is on Sunday, October 11, 2015 at the Wittenberg University campus at 10:30 a.m.
- 8:30 a.m.: transition area opens for your equipment setup. This is located in the alley between the tennis courts and the Wittenberg Health, Physical Education & Recreation Building (HPERC) on Bill Edwards Drive.
- The very latest you should arrive is 9:30 a.m.
- 8:30 a.m. – 10:00 a.m.: registration desk will be open to sign race waivers, get your timing chip, and pick up your t-shirt and packet and get body markings. This will all close by 10:00 a.m.
- 10:15 a.m.: Race Announcements and Briefing
- 10:30 a.m. to 10:50 a.m.: Competitors start the swim and they are staggered about 10 seconds apart.
- 11:38 a.m. – 1:30 p.m.: Expected (estimated) finish times.
- 1:30 p.m. or earlier: Awards (may be staggered throughout afternoon).

2. You must sign a waiver in order to compete in this race. Register online for this race at www.wittenberg.edu/tigertri or show up in person to register. Either way, pick up your t-shirt/ registration pack when you sign your waiver. Here is how to do that and/or register last minute in person:

- Go to the Tiger Tri registration area. (Show your I.D. and have your parent or guardian present to sign if you are under the age of 18 years.)
- Go either:
 - Sat., October 10th (anytime between 4pm – 7pm) in the Wittenberg HPERC building lobby (on Bill Edwards Drive)
 - Or Sun., October 11th (8:30 a.m. until 10:00 a.m.): Swimming pool deck (HPERC building). You will definitely go there to pick up your timing chip and get a body marking on Sunday morning, no matter what...even if you have already picked up registration packets on Saturday.
- *Please pick up t-shirts and sign waivers on Saturday, if possible. Please register online before then, if possible. You will not be guaranteed a t-shirt and packet if you do not register online before October 3rd!

3. You must have a timing chip to be considered a finisher in the race. Here is how to get one:

Timing chips will be given out on Sunday morning in the pool deck area (HPERC building). You will not be timed and/or be able to see your results without a chip and signing a waiver! This needs to be done before 10:00 a.m. on Sunday (race day).

4. Course Information:

¼ mile swim, 14.64 mile bike ride, then a 3.6 mile (double loop course) run. The courses will be marked with signage and we will have volunteers in strategic places to help you find your way along the course. Follow blue arrows for the bike course and red arrows for the run course. Performance and results at the finish will be based on the time from your timing chips, and not on who crosses the finish line first!

Swim:

- This is a BYOC race: Bring your own cap (if you want to wear one). **We are not issuing swim caps.**

- Wetsuits are not permitted at this race. Neither are snorkels, fins, or other forward-propelling devices.
- You will swim 400 yards in the pool at Wittenberg University in the HPERC building. This will happen in a serpentine style, up and down each lane until you are at the opposite end of the pool. Swimmers will go in a staggered start, spaced about 10 seconds apart.

Bike:

- Once you complete the swim you will bike just under 15 miles on an out-and-back course.
- Please review the bike course here: <http://www.usatf.org/routes/view.asp?rID=552488>
- The bike course map shows the location of the two water stations.

Run:

- The final race leg of the Tiger Tri will be the 3.6 mile run. You must complete 2 loops of the run course!! (The one loop that you see on the map is about 1.8 miles.)
- After the first run loop, go back past the Transition area and do the same loop again. When you come up the hill to finish the second loop, go right and straight to the finish line (near HPERC building front entrance).
- The run course can be found at www.wittenberg.edu/tigertri or you can click on:
- <http://www.usatf.org/routes/view.asp?rID=494548>

Water Stations:

- There are 2 water stations (you can see them on the bike course map):
 - Water Station #1: on campus (near the transition area) and will be accessible during the run course (beginning and middle of the run) and at the beginning and end of the bike course.
 - Water station #2 will be at the turnaround for the bike and it is located at Buck Creek State Park.

5. Know the rules of this race: they are attached to this email, posted to the website, and in your registration packet.

6. Address and Directions for the Wittenberg HPERC building:

- 250 Bill Edwards Drive, Springfield, OH 45501
- **Directions from the East on I-70:** Take Exit 62 onto OH-40 (West) toward Springfield. Follow OH-40/41 into the downtown area. Turn right at North Fountain Avenue. You will pass the main entrance to campus on the left. Turn left at Bill Edwards Drive. After a stop sign, the front entrance of the HPER Center is at the top of the hill.
- **Directions from the West on I-70:** Take Exit 52B onto US-68 (North) toward Springfield. Take the OH-41 exit toward Springfield/Troy. From the ramp, turn right onto OH-41. When the road dead ends, turn right onto St. Paris Pike. St. Paris Pike becomes West McCreight Avenue. In about a half mile, Edwards-Maurer Field will be visible on the right. Take the first right past the field onto Woodlawn Avenue. Turn right onto Bill Edwards Drive. The front entrance of the HPER Center is at the top of the hill.

7. Parking:

- **Faculty/Staff parking available to you:** Many parking areas throughout campus are designated as Faculty/Staff parking, and these spaces are open to the public all day on the weekends.
- **Designated Visitor Parking:** available at the Benham-Pence Student Center and also at the faculty/staff lot behind Recitation Hall, which is available all day on weekends.
- **Street Parking:** available both on campus and in the immediately surrounding areas on a first-come, first-serve basis, and is open to the public at all times. Streets with parking available include: Bill Edwards Drive, North Lowry Avenue, Plum Street, East and West Campus Drives, North Fountain Avenue, and West McCreight Ave.

- **Overflow Parking:** Available at the Mercy Hospital south lot. The lot is located across West McCreight Avenue from [Edwards-Maurer Field](#) and is a designated tailgating area for football games or event overflow. A crosswalk is located at West McCreight and North Fountain Avenue, and is a short stroll from the north gate at the stadium.
- **PLEASE DO NOT PARK ON CHAPEL DRIVE (THE HILL IN FRONT OF THE CHAPEL NEAR THE FOUNTAIN) OR ANYWHERE IN FRONT OF SYNOD HALL. LEAVE THIS FOR THE CHAPEL ATTENDEES.**

8. Out of town guests:

-There are numerous lodging and dining options in Springfield, Ohio. Visit www.VisitSpringfieldOhio.com .

9. Weather:

-Please pay attention to the weather forecast. Regardless of the forecast, please remember that you will be getting out of the pool and onto a bike on a chilly October morning. Make sure you plan your attire accordingly. Wet summer tri-suits are not recommended on the bike ride! Consider having warm layers to throw on over your tri-suit after the swim. Wear gloves (long-fingered gloves will be best). If there is rain/lightning, the race will be delayed to later in the day (and not cancelled).

Check out: <http://www.weather.com/weather/tenday/Springfield+OH+45504>

Have fun! Dress warm and bring ear warmers and gloves!

Please visit Springfield Convention and Visitor's Bureau for hotel and dining information in Springfield:
<http://www.greaterspringfield.com/CVB/>

Good luck and thank you for your participation.

Please thank the volunteers and remember that this is a scholarship fundraiser for our area students.

Email tigertri@wittenberg.edu if you have any race questions.

Email shawn@gtraces.com for any post-race timing, results, or registration questions.