

## Preparation for Medical School:

### General Timeline & Requirements

The following information has been created based on gathered information from several medical school programs across the U.S. Please note that each institution differs in their admissions process, timeline, and requirements. This document is to be used for a general overview of deadlines, but you should research the specific admissions requirements and deadlines for the institution you are interested in applying to.

Freshman Year: General Timeline		
<b>FALL</b>	August	<ul style="list-style-type: none"> <li>Start by meeting with a pre-health advisor. If one is not available on campus you can connect with one here: <a href="https://www.naahp.org/student-resources/find-an-advisor">https://www.naahp.org/student-resources/find-an-advisor</a></li> </ul>
	<b>September</b>	<ul style="list-style-type: none"> <li><b>Join national organizations</b> for pre-health students. (<a href="#">AMSA</a>, <a href="#">Student Doctor Network</a>, etc.)</li> <li>Learn about campus resources for pre-health students.</li> </ul>
	October	<ul style="list-style-type: none"> <li>Build relationships with faculty, advisors, and mentors who can offer you the opportunity to participate in research or write recommendations on your behalf.</li> </ul>
	<b>November</b>	<ul style="list-style-type: none"> <li><b>Visit the <a href="#">COMPASS: Sweet Success Center</a></b> on campus to learn about health care-related internships or employment opportunities.</li> </ul>
	December	<ul style="list-style-type: none"> <li>Look for medically related work or volunteer experiences for during the school year and summer.</li> </ul>
<b>SPRING</b>	<b>January</b>	<ul style="list-style-type: none"> <li><b>Search for undergraduate research opportunities.</b></li> </ul>
	February	<ul style="list-style-type: none"> <li>Explore the <a href="#">AAMC's Aspiring Docs Program</a>.</li> </ul>
	<b>March</b>	<ul style="list-style-type: none"> <li><b>Apply to <a href="#">summer enrichment</a> programs, <a href="#">research programs</a>, such as the <a href="#">Summer Health Professions Education Program</a>.</b></li> </ul>
	April	<ul style="list-style-type: none"> <li>Begin to learn about the medical <a href="#">application process</a>.</li> </ul>
	May	<ul style="list-style-type: none"> <li>Pursue or continue to develop relationships with faculty, advisors, and mentors.</li> </ul>
<b>SUMMER</b>	June	<ul style="list-style-type: none"> <li>Investigate a meaningful paid or volunteer medically related experience to complete.</li> </ul>
	July	<ul style="list-style-type: none"> <li>Focus on the areas of medicine that you are interested in pursuing.</li> </ul>

## Sophomore Year: General Timeline

<b>FALL</b>	August	<ul style="list-style-type: none"> <li>Browse and research medical schools/programs.</li> <li>Familiarize yourself with AACOMAS, AMCAS, TMDSAS, and the differences between them.</li> </ul>
	<b>September</b>	<ul style="list-style-type: none"> <li><b>Go to medical school admissions fairs, forums, and related events.</b></li> </ul>
	October	<ul style="list-style-type: none"> <li>Continue to develop relationships with faculty, advisors, and mentors on campus.</li> </ul>
	<b>November</b>	<ul style="list-style-type: none"> <li><b>Familiarize yourself with the <a href="#">potential costs of medical school</a>.</b></li> </ul>
	December	<ul style="list-style-type: none"> <li>Pursue or continue medically related activities, including volunteer roles, paid work, or research position in a health care related environment.</li> </ul>
<b>SPRING</b>	<b>January</b>	<ul style="list-style-type: none"> <li><b>Visit medical schools, go to information sessions, and prioritize the schools on your list.</b></li> </ul>
	<b>February</b>	<ul style="list-style-type: none"> <li><b>Meet with your advisor</b> to discuss education options.</li> </ul>
	<b>March</b>	<ul style="list-style-type: none"> <li><b>Apply to <a href="#">summer enrichment programs</a> and <a href="#">research programs</a></b>, if you have not done so already.</li> </ul>
	April	<ul style="list-style-type: none"> <li>Investigate your financial aid and student loan options.</li> </ul>
	<b>May</b>	<ul style="list-style-type: none"> <li><b>Begin to learn about the fee assistance programs:</b></li> <li><a href="#">AACOMAS Fee Waiver Program</a>.</li> <li><a href="#">AAMC Fee Assistance Program</a>: assists those who without financial assistance, would be unable to take the MCAT, apply to medical schools through AMCAS, and more.</li> </ul>
<b>SUMMER</b>	<b>June</b>	<ul style="list-style-type: none"> <li><b>Begin <a href="#">MCAT Prep</a> and strategize your application timeline.</b></li> </ul>
	July	<ul style="list-style-type: none"> <li>Strategize about your application timeline, determine when you are planning to enroll.</li> </ul>

## Junior Year General Timeline

<b>FALL</b>	August	<ul style="list-style-type: none"> <li>Consider when it's best for you to take the MCAT exam; visit the <a href="#">MCAT website</a> to find test dates and locations.</li> </ul>
	September	<ul style="list-style-type: none"> <li>Review the list of medical schools you are interested in to speak to your advisor about.</li> </ul>
	<b>October</b>	<ul style="list-style-type: none"> <li><b>Continue participating in meaningful clinical experiences</b>, other medically related activities, volunteer work, research, and/or leadership roles on campus; if possible, take on a more substantial role.</li> </ul>
	November	<ul style="list-style-type: none"> <li>Research medical school curricula and joint, dual, and combined-degree programs using <a href="#">MSAR</a>.</li> </ul>
	December	<ul style="list-style-type: none"> <li>Start thinking about taking the MCAT. To gauge your performance, take an <a href="#">MCAT practice test</a>.</li> </ul>
<b>SPRING</b>	<b>January</b>	<ul style="list-style-type: none"> <li><b>Register for and take the MCAT Exam.</b> (January – April)</li> </ul>
	<b>February</b>	<ul style="list-style-type: none"> <li><b>Request and obtain recommendation letters.</b></li> <li><b>Brainstorm, outline, and write your personal statement(s)</b> (you'll need separate, though mostly similar, versions for MD and DO schools), work and activities section, and MD-PhD essays. <b>Visit the <a href="#">Wittenberg Writing Center</a>.</b></li> <li>Learn more about the centralized medical school application services: <a href="#">TMDSAS</a>.</li> </ul>
	March	<ul style="list-style-type: none"> <li>Order official transcripts from ALL colleges and universities that you have attended.</li> </ul>
	<b>April</b>	<ul style="list-style-type: none"> <li><b>Last chance to take the MCAT</b> or waiting for the release of your score from an earlier test date. Later MCAT scores will put you at a disadvantage in the admissions process.</li> </ul>
	<b>May</b>	<ul style="list-style-type: none"> <li><a href="#">AMCAS</a> opens in May for medical school admission in Fall. Applications are admitted on a rolling basis. Confirm deadline dates for AMCAS and medical schools.</li> <li><b>AACOMAS opens in May for Osteopathic programs</b> (Osteopathic schools do not use AMCAS application process).</li> <li><a href="#">TMDSAS</a> opens in May for Texas medical school applications.</li> </ul>
<b>SUMMER</b>	<b>June</b>	<ul style="list-style-type: none"> <li><b>AMCAS verifies the primary application.</b> Medical school decisions regarding secondary applications begin to be forwarded to applicants (if invited to complete a secondary application, begin and submit sooner rather than later.)</li> <li><b>AACOMAS:</b> colleges begin receiving and reviewing applications in early June.</li> </ul>
	<b>July</b>	<ul style="list-style-type: none"> <li><b>Secondary application usually opens in July.</b> Since applications are on a rolling basis, <b>submit the secondary application no later than August.</b></li> </ul>

**PREPARATION FOR MEDICAL SCHOOL: GENERAL TIMELINE & REQUIREMENTS**

## Senior Year General Timeline

<b>FALL</b>	<b>August</b>	<ul style="list-style-type: none"> <li>Prepare/attend interviews. Visit the <b><u>COMPASS: Sweet Success Center</u></b> to aid you with mock interviews, resume review, etc.</li> </ul>
	September	<ul style="list-style-type: none"> <li>Send medical school application updates if acceptable.</li> </ul>
	<b>October</b>	<ul style="list-style-type: none"> <li><b>TMDAS Application Deadline: October</b></li> <li><b>Submit the <a href="#">FAFSA</a></b>, it opens on October 1<sup>st</sup> now (it used to be January 1<sup>st</sup>), and you should file ASAP to get your share of federal financial aid.</li> <li>Medical school admissions committees meet and decide status: accept/reject/waitlist. Applicants notified. (October – May).</li> </ul>
	<b>November</b>	<ul style="list-style-type: none"> <li><b>Letters of recommendation deadline is usually in early Nov.</b> Check deadline dates. Continue to complete and submit secondary applications, if you have not done so already.</li> </ul>
	December	<ul style="list-style-type: none"> <li>Continue to check the medical school application status website for each individual program.</li> </ul>
<b>SPRING</b>	January	<ul style="list-style-type: none"> <li>Use this time as a chance to relax, reflect, and energize yourself for the years to come.</li> </ul>
	February	<ul style="list-style-type: none"> <li>Construct and send letters of interest after completing interviews or getting placed on the waitlist to medical schools of choice.</li> </ul>
	March	<ul style="list-style-type: none"> <li>Medical schools hold “Second Look” or “Admit Weekend” activities. Newly admitted applicants are invited to attend.</li> </ul>
	April	<ul style="list-style-type: none"> <li>Review admission and financial aid offers. You can negotiate financial aid offers. Consult with your advisor before doing so.</li> </ul>
	<b>May 15<sup>th</sup></b>	<ul style="list-style-type: none"> <li><b>Newly admitted applicants must notify AMCAS and the medical school that they plan to matriculate their decision by May 15th.</b> Admits with multiple acceptances must choose one school by May 15th and withdraw their application from other schools.</li> </ul>
<b>SUMMER</b>	June	<ul style="list-style-type: none"> <li>Applicants on waitlists are notified of an admission offer.</li> </ul>
	<b>July</b>	<ul style="list-style-type: none"> <li><b>Thank the people who helped you along the way</b>, like recommendation writers, family, and friends. Get ready for Medical School!</li> </ul>
	<b>Aug. – Sept.</b>	<ul style="list-style-type: none"> <li><b>Medical school orientation and the school year begins.</b></li> </ul>

## Deadlines and Information for Top Medical Schools for Primary Care in Ohio<sup>1</sup>:

- **The Ohio State University:** <https://medicine.osu.edu/education/md/admissions/before-you-apply/deadlines>
  - Deadline: Nov. 1<sup>st</sup> (AMCAS Deadline).
- **University of Cincinnati:** <https://med.uc.edu/admissions/medical-student-admissions/how-to-apply/application-timeline>
  - Deadline: Aug. 14<sup>th</sup> (Early AMCAS Deadline), Nov. 1<sup>st</sup> (Regular Decision AMCAS Deadline), Nov. 15<sup>th</sup> (Secondary materials for Regular Decision Deadline).
- **Case Western Reserve University:** <https://case.edu/medicine/admissions-programs/md-programs/application-process/admissions-timeline>
  - Deadline: Nov. 1<sup>st</sup> (AMCAS Deadline).
- **Wright State University (Boonshoft):** <https://medicine.wright.edu/education>
  - Deadline: April 1<sup>st</sup> (Application Deadline).
- **Ohio University (Heritage):** <https://www.ohio.edu/medicine/med-admissions/apply/deadlines>
  - Deadline: Feb. 1<sup>st</sup> (AACOMAS Deadline).

## Deadlines and Information for Top Medical Schools for Primary Care in the US<sup>2</sup>:

- **University of Washington:** <https://www.uwmedicine.org/school-of-medicine>
  - Deadline: Oct. 15<sup>th</sup> (AMCAS Deadline).
- **University of Colorado:** <https://medschool.cuanschutz.edu/general-internal-medicine/education/primary-care-residency-program/for-primary-care-applicants>
  - Deadline:
- **Harvard Medical School:** <https://meded.hms.harvard.edu/admissions-submitting-application>
  - Deadline: Nov. 2<sup>nd</sup> (AMCAS Deadline).
- **University of Kansas Medical Center:** <https://www.kumc.edu/school-of-medicine.html>
  - Deadline: Oct. 15<sup>th</sup> (AMCAS Deadline).
- **University of California – Davis:** <https://health.ucdavis.edu/medschool/>
  - Deadline: Oct. 1<sup>st</sup> (AMCAS Deadline).
- **University of Michigan – Ann Arbor:** <https://medicine.umich.edu/medschool/education/md-program/md-admissions>
  - Deadline: Oct. 15<sup>th</sup> (AMCAS Deadline).
- **Baylor College of Medicine:** <https://www.bcm.edu/education/school-of-medicine/m-d-program/admissions>
  - Deadline: Nov. 1<sup>st</sup> (TMDSAS Deadline).

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<sup>1</sup> U.S. News & World Report. (2022). *2022 Best Medical Schools: Primary Care*. U.S. News & World Report. <https://www.usnews.com/best-graduate-schools/top-medical-schools/primary-care-rankings?location=ohio>.

<sup>2</sup> U.S. News & World Report. (2022). *2022 Best Medical Schools: Primary Care*. U.S. News & World Report. <https://www.usnews.com/best-graduate-schools/top-medical-schools/primary-care-rankings>.

## Application Requirements\* (Institutions may require some additional or fewer documentation):

- **Primary Application**
  - **Medical School Personal Statement:** Share your passions, interests, and reasons for applying to Medical school that makes you stand out as an applicant that is not already on your resume.
  - **Work and Activities Section**
  - **Letters of Recommendation:** Most medical schools require at least 3 professional letters of recommendation from people who can substantively comment on your academic or employment record (at least one from a medical doctor).
  - **Undergraduate Transcript**
  - **Medical School List**
  - **MD-PhD essays (optional)**
  - **TMSAS essays (optional)**
  - **Traditional or MMI Interview:** Medical schools that favorably review your application will invite you for an interview. Generally, the earlier you receive interview invitations, the higher your odds of getting into medical school.
  - **GPA:** Require Average Matriculant Total GPA and Average Matriculant Science GPA.
  - **MCAT: Average Matriculant MCAT and Average Matriculant CARS MCAT.**
  - **Resume or Curriculum Vitae:** a resume listing and describing your professional, educational or other related experience.
  - **Credential Evaluation:** The institution must receive a course by course evaluation of your previous higher education before they can consider your application.
- **Secondary Application:**
  - **Secondary Essays:** School-specific secondary essays, often times these essays will ask you to highlight why you are a great fit for their medical program and an outstanding candidate. Prompts may vary.

### Other Factors to Consider:

- Graduate Coursework
- Clinical or Work Experience
- Extracurricular Activities
- Volunteer or Community Service
- Academic Statement
- Diversity Statement

\*Please note that the information above is the general application requirements for most Medical Schools. Every institution has their own application requirements that may differ from the list above, so make sure to look at all the requirements for your desired program and institution.