

MEGAN L. MILLER APRN CNP

DIRECT PRIMARY CARE

WITTENBERG STUDENT HEALTH SERVICES

Your campus healthcare, covered.

Every enrolled student is a member. Walk in for a \$20 visit, seven days a week – or set up ongoing primary care at no cost at all.

\$20

FLAT COPAY / VISIT

7 days

ACUTE CARE / WEEK

All

POC TESTING INCLUDED



BOOK AN APPOINTMENT

Scan, or text (937) 563-4901

Online: app.elationemr.com/book/MLMDPC – choose an **URGENT CARE** slot, any provider. Texting is fastest.

OFFICE · MON-FRI

7 AM – 5 PM (closed 12-1)

ACUTE CARE · EVERY DAY

9 AM – 3 PM, drop in or schedule

FIND US

640 N. Fountain Ave · 6-8 min walk from campus

THE BASICS

What is this?

Health care for Wittenberg students, provided by MLMDPC at their office on North Fountain Avenue.

Urgent care is available to every enrolled student. Ongoing primary care is available if you want it.

Do I have to sign up?

Not for urgent care. If you're an enrolled Wittenberg student, you already have it — your membership is paid by the university. Just book an appointment when you need one.

Primary care is also available to every student — you just have to tell us you want it.

What does it cost?

Urgent care visits are a flat \$20 copay.

Primary care is fully covered — there is no cost to you at all. That's one long initial appointment, two to three follow-ups a year, and in-office testing at no charge.

Do I need insurance?

No. Nothing is billed to insurance, and you won't get a statement in the mail weeks later. You pay \$20 at the visit and you're done. Keep your insurance for emergencies and specialists — you don't need it here.

When is it open?

The office is open Monday through Friday, 7 AM to 5 PM, closed 12–1 for lunch. Acute care runs 9 AM to 3 PM every day of the week, weekends included.

Closed on federal holidays — during the school year that means Labor Day, Columbus Day, Veterans Day, Thanksgiving, Martin Luther King Jr. Day and Presidents Day.

If you need care on a holiday, go to the emergency department for anything urgent, or book with us for the next day if it can wait.

GETTING SEEN

How do I make an appointment?

Book it yourself at app.elationemr.com/book/MLMDPC. Three things to know:

- 01 **Pick any provider.** A different nurse practitioner is on each day, so whoever shows in the system is fine. You are choosing a time, not a person.
- 02 **Choose an URGENT CARE time slot.** This is the important one. Another appointment type may book you at the main office instead of the student clinic.
- 03 **Then pick your time.**

Or skip all of it – call or text (937) 563-4901 and we'll book it for you.

Can I just walk in? How fast can I be seen?

Acute care is drop-in, 9 to 3, any day – though booking ahead means less waiting. Most students are seen same day or next day. No referral needed.

WHAT WE CAN HELP WITH

What can you treat?

Sore throats, colds, coughs, sinus infections, fevers, ear infections, pink eye, UTIs, skin infections and rashes, cuts that need stitches, sprains and strains, stomach bugs, migraines, allergic reactions, physicals, sexual health concerns and STI testing.

If you're not sure whether something counts, text and ask.

Can you do tests there?

Yes. All point-of-care testing is included — flu, strep, RSV, COVID, STD, urine, blood sugar and pregnancy tests, done on site with results during your visit. No separate bill, nothing sent to insurance.

Routine bloodwork — cholesterol, thyroid, metabolic panels — is not included, but we draw it here and tell you the cost before we do anything. You will never get a surprise bill from an outside lab.

Can you prescribe medication? What if I need a specialist?

Yes — and non-controlled refills can be handled by phone or text, no visit needed. If you need a specialist, we'll refer you and help you get the appointment.

PRIVACY

Is my visit confidential? Will my parents find out?

If you're 18 or older, your medical information is protected by federal privacy law. It is not shared with your parents, the university, your coach, or anyone else without your written permission.

Ohio law also allows minors to consent to certain kinds of care on their own, including testing and treatment for sexually transmitted infections.

If you have questions about privacy, ask at your visit. Nobody will think it's a strange question — it's one of the most common ones.

Will Wittenberg know I went?

No. The university receives no information about who was seen or why.

KNOW WHERE TO GO

START WITH US · \$20

Colds, flu, sore throat, UTIs, rashes, sprains, migraines, refills, physicals — drop in 9-3 any day.

URGENT CARE

When we're closed and it can't wait — stitches, possible fractures needing X-ray.

CALL 911 / GO TO THE ER

Chest pain, trouble breathing, severe allergic reaction, head injury, uncontrolled bleeding, or thoughts of harming yourself. For a mental health crisis at any hour, call or text **988**.

MENTAL HEALTH

Where do I go for counseling?

Wittenberg's Tiger Counseling Services is your first stop for counseling and ongoing support — 210 Shouvlin Center · (937) 327-7946 · counseling@wittenberg.edu.

We can also help with mental health concerns during a visit and will coordinate with Tiger Counseling. If you're in crisis right now, call or text 988 — available 24 hours a day.

ONGOING CARE

Can I have you as my regular provider?

Yes — and it costs you nothing. Wittenberg has covered primary care in full for every enrolled student. You just have to ask for it.

I already have a doctor at home. Do I need this?

Maybe not. But it's covered, and it's here when you're sick at 10 AM on a Tuesday and home is four hours away. A lot of students keep both.

ONGOING CARE

What does primary care include?

- **One long first appointment**, 60 to 90 minutes. A real conversation about your history.
- Two to three follow-up visits per year.
- **All point-of-care testing included** — flu, strep, RSV, COVID, STD — at no charge.
- Prescription management for ongoing conditions, with refills by phone or text.
- Direct call and text access to your care team, and referrals when you need them.

A note on bloodwork: routine lab panels — cholesterol, thyroid, metabolic and similar — are not included. We can draw them here and will tell you the cost first.

Only three or four visits a year?

For most students that is plenty — a thorough first visit and check-ins when something needs attention. It is separate from acute care: if you get sick, that's a \$20 visit and it doesn't use up a follow-up.

Can you prescribe my ADHD medication?

No. We do not prescribe Schedule II controlled medications — including controlled stimulants such as Adderall, Vyvanse, Ritalin and Concerta, and chronic or acute pain medication. Those are typically managed by psychiatry.

If you take a stimulant, keep your prescriber at home and plan refills around breaks. We can still see you for everything else, coordinate with your prescriber, and discuss non-stimulant options if you want to explore them.

What about my other prescriptions?

Anything non-controlled — asthma inhalers, thyroid medication, antidepressants, birth control, acne treatment — yes, we can manage those.

HOW TO SET UP PRIMARY CARE

Text or call (937) 563-4901 and say:

“Hi, I’m a Witt student and I’m interested in primary care services.”

That’s the whole process. We’ll confirm you’re enrolled and schedule you with Andrea Triplett, who sees Wittenberg students for primary care. No form, no referral, no cost.

Why do I have to ask? Why am I not just signed up?

Because we’d rather you have a provider you chose than a name in a file you never use. Ask, and you have one.

PRACTICAL

Do I need to bring anything?

Your student ID and a card for the \$20. If you take medication, bring a list.

What if I can’t afford the \$20 right now?

Come in anyway. Tell the person at the desk. You will be seen.

Can I get a note for class? Do you see students over breaks?

Yes to both – ask for the note during your visit, and we’re open every day except federal holidays, breaks included.

WELCOME TO THE PRACTICE, TIGERS

Call or text (937) 563-4901

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