

Visit a psychiatrist right from home

Starting January 1, 2018 you can visit with a psychiatrist online for medication management support.



Now you can visit with a board-certified psychiatrist face-to-face through private and secure video from the comfort of home using LiveHealth Online Psychiatry. Unlike therapists, who offer counseling support, psychiatrists are available to provide an evaluation and medication management to help if you are coping with a common behavioral health condition.

Easy and convenient

Most people wait an average of 42 days for an in-person psychiatry visit. But by using LiveHealth Online Psychiatry, you can visit a psychiatrist in 14 days or less¹ whether you're at home, work or on the go. All you have to do is sign up at livehealthonline.com or download the free mobile app to get started.

Visits are private and secure

During your first 45-minute evaluation, the psychiatrist will assess your condition, discuss past treatment options and make any updates to your medication. The psychiatrist can provide ongoing medication management support through 15-minute follow-up visits.²

Scheduling an appointment is easy. Just visit livehealthonline.com or call **1-888-548-3432**. With your Anthem health plan the cost of an online psychiatry visit is the same as the cost for an in-person visit. As with any online visit, you'll see the total cost before your session begins.

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Commonly treated conditions:

- Anxiety
- Stress
- Depression
- Bipolar disorder
- Obsessive compulsive disorder
- Post-traumatic stress disorder

Sign up today

At livehealthonline.com or using the free mobile app.



¹ Appointments subject to availability.

² Prescriptions determined to be a "controlled substance" (as defined by the Controlled Substances Act under federal law) cannot be prescribed using LiveHealth Online. Psychiatrists on LiveHealth Online will not offer counseling or talk therapy.

LiveHealth Online is the trade name of Health Management Corporation, a separate company providing telehealth services on behalf of Anthem Blue Cross and Blue Shield.

Anthem Blue Cross and Blue Shield is the trade name of: In Colorado: Rocky Mountain Hospital and Medical Service, Inc. HMO products underwritten by HMO Colorado, Inc. Copies of Colorado network access plans are available on request from member services or can be obtained by going to anthem.com/co/networkaccess. In Connecticut: Anthem Health Plans, Inc. In Georgia: Blue Cross Blue Shield Healthcare Plan of Georgia, Inc. In Indiana: Anthem Insurance Companies, Inc. In Kentucky: Anthem Health Plans of Kentucky, Inc. In Maine: Anthem Health Plans of Maine, Inc. In Missouri (excluding 30 counties in the Kansas City area): RightCHOICE® Managed Care, Inc. (RIT), Healthy Alliance® Life Insurance Company (HALIC), and HMO Missouri, Inc. RIT and certain affiliates administer non-HMO benefits underwritten by HALIC and HMO benefits underwritten by HMO Missouri, Inc. RIT and certain affiliates only provide administrative services for self-funded plans and do not underwrite benefits. In Nevada: Rocky Mountain Hospital and Medical Service, Inc. HMO products underwritten by HMO Colorado, Inc. dba HMO Nevada. In New Hampshire: Anthem Health Plans of New Hampshire, Inc. HMO plans are administered by Anthem Health Plans of New Hampshire, Inc. and underwritten by Matthew Thornton Health Plan, Inc. In Ohio: Community Insurance Company. In Virginia: Anthem Health Plans of Virginia, Inc. trades as Anthem Blue Cross and Blue Shield in Virginia, and its service area is all of Virginia except for the City of Fairfax, the Town of Vienna, and the area east of State Route 123. In Wisconsin: Blue Cross Blue Shield of Wisconsin (BCBSWI), underwrites or administers PPO and indemnity policies and underwrites the out of network benefits in POS policies offered by CompCare Health Services Insurance Corporation (CompCare) or Wisconsin Collaborative Insurance Corporation (WCIC). CompCare underwrites or administers HMO or POS policies; WCIC underwrites or administers Well Priority HMO or POS policies. Independent licensees of the Blue Cross and Blue Shield Association. ANTHEM is a registered trademark of Anthem Insurance Companies, Inc.