



MERCYHEALTH

Missions Outreach Services: Alcohol, Drug and Tobacco Program

Quit Smoking For Good... in just 6 short weeks!

The Mercy Health REACH Tobacco Program

Free PATCHES, GUM and LOZENGES while supplies last

FREE educational classes for 2023 Springfield

FREE \$10 GAS CARD FOR EACH SESSION ATTENDED
(potential to earn \$60 in free gas while supplies last)

Monday evenings 5:30-7:00 pm

January 9-February 13

March 6-April 10

May 1-June 12

July 10-August 14

September 11-October 16

November 6-December 11

Thursday mornings 10:00-11:30 am

April 6-May 11

August 3-September 7

Includes course materials, quit kit ideas, and personal journal.



For additional information or to register for program, contact Marcy Ivory (937) 390-5333 or 390-5338.

REACH also provides individual tobacco treatment and telehealth options.