THE DIFFERENCES HAZING & BULLYING

Hazing: "any activity expected of someone joining or participating in a group that humiliates, degrades, abuses, or endangers them regardless of a person's willingness to participate." 1,3

It includes three key components:

- 1.lt occurs in a group context
- 2. Humiliating, degrading, or endangering behavior
- 3. It can happen regardless of an individual's willingness to participate; regardless of consent²

Bullying: "Bullying is unwanted, aggressive behavior among school aged children that involves a real or perceived power imbalance. The behavior is repeated, or has the potential to be repeated, over time." 6

It includes two key components:

Sleep deprivation and being

- 1. Power imbalance
- 2. Repeated behavior 6

TYPICAL HAZING BEHAVIORS



Humiliation, roast nights, or wearing embarrassing clothing

Expecting items to always be in one's possession





Being taken to & left at an unknown location

Threats, implied threats, verbal abuse, & assigning demerits



Water intoxication or forced ingestion

of substances



woken up in the night

Making prank calls or harassing others



Greeting others in

Hazing happens at colleges and universities AND middle and high schools. Some common places are:

- Varsity Athletic Team
- Social Fraternity or Sorority
- Club Sports
- Performing Arts Organization
- Academic Club
- Honor Society

REMEMBER!

Hazing takes many forms. There is a wide range of behaviors that fit the definition of hazing. For this reason, it can often go unrecognized and unreported.

HAZING

BULLYING

Sometimes aggressive behavior

Not always intended to cause harm

> Not always repeated over time

Interpersonal violence

Imbalance of power

Aggressive behavior

> Intended to cause harm

Repeated over time

Bullying happens mostly in elementary, middle, and high schools. Some common places are:

- In the School Building
- In the neighborhood
- Playground
- Bus
- Online ⁶

HELPFUL TIP!

A simple way to distinguish hazing from bullying is that hazing typically occurs for the expressed purpose of inclusion whereas people who bully are typically seeking to exclude and marginalize another person

TYPICAL BULLYING BEHAVIORS



taunting, name-calling







Threatening to cause harm

Purposefully excluding someone



SOCIAL

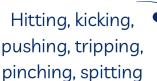


Publicly embarrassing someone





PHYSICAL





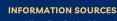
WAYS TO BUILD HEALTHY GROUPS & TEAMS

- Participate in community service projects together
- Identify common times for new and returning members to hang out (e.g., group meals, studying, working out)
- Visit a challenge course led by professionals to work on communication and leadership skills
- Utilize campus resources to promote scholarship
- Strengthen problem solving skills through team building activities
- Work on personal development through activities like vision boards, goal setting, etc. 4









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WANT MORE INFO? GO TO STOPHAZING.ORG

