PERSONAL ASSESSMENT: ESTABLISHING ACADEMIC PRIORITIES

FACTORS CONTRIBUTING TO ACADEMIC PERFORMANCE

Check each of the items you feel may have contributed to your present academic situation

Have any course problems made learning difficult for you?
- Inappropriate background for course
- Course load too heavy
- Uncertain about your academic and/or career goals
- Other course problems: __________________________
- Unrealistic amount of work assigned in class
- No interest in particular course
- Too little time available in your schedule
- I am doing well and have not had any course problems

Are there personal issues that may have interfered with your performance?
- Health issues
- Financial difficulty
- Too many commitments
- Lack of confidence in your abilities
- Social distractions
- Change in relationship with someone important you
- So far, no personal issues have interfered with my academic performance
- Loneliness
- Burnout from taking classes
- Unresolved personal problems
- Family problems
- Substance abuse
- Anxiety
- Learning disabilities
- Learning-related issues

Have any of the following institutional factors made learning difficult for you?
- Teaching
- Problems with instructors
- Classes too large
- Campus values differ from yours
- Lack of good tutors
- Other institutional factors: __________________________
- Unaware of support services that can help
- No opportunity for involvement with other students
- Few people with interests or backgrounds similar to yours
- Advising
- Inadequate facilities for studying
- No, I feel that I have had a good Wittenberg learning experience

Has your approach to studying hindered your academic progress?
- Good intentions but poor follow through
- Concentration easily broken
- Worries about failure interrupt study
- Spotty reading of textbooks
- Unprepared for classes
- Lecture notes useless for studying
- Uncertain about what is important to study
- Too little time for review
- Material quickly forgotten
- Memorization substituted for understanding
- Too little time to prepare for tests
- Unexpected questions on tests
- Unsure about how to study
- Other approaches to studying: __________________________

Are there other factors that might be making learning difficult?
- Enrolled in college because you were expected to
- External expectations rather than internal motivation keeps you on campus
- On and off-campus activities distract you
- Life seems to be “on hold”
- Athletic program did not work out
- Unsure about how college fits into your goals
- Learning is rarely fun
- Negative emotions (stress, boredom) are part of college routine
- Energy low for completing assignments
- Learning has not been difficult at Wittenberg